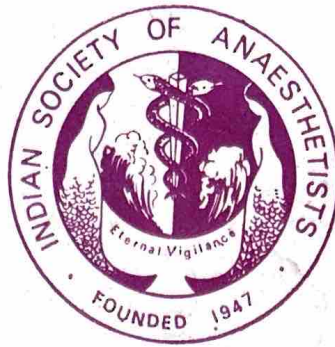
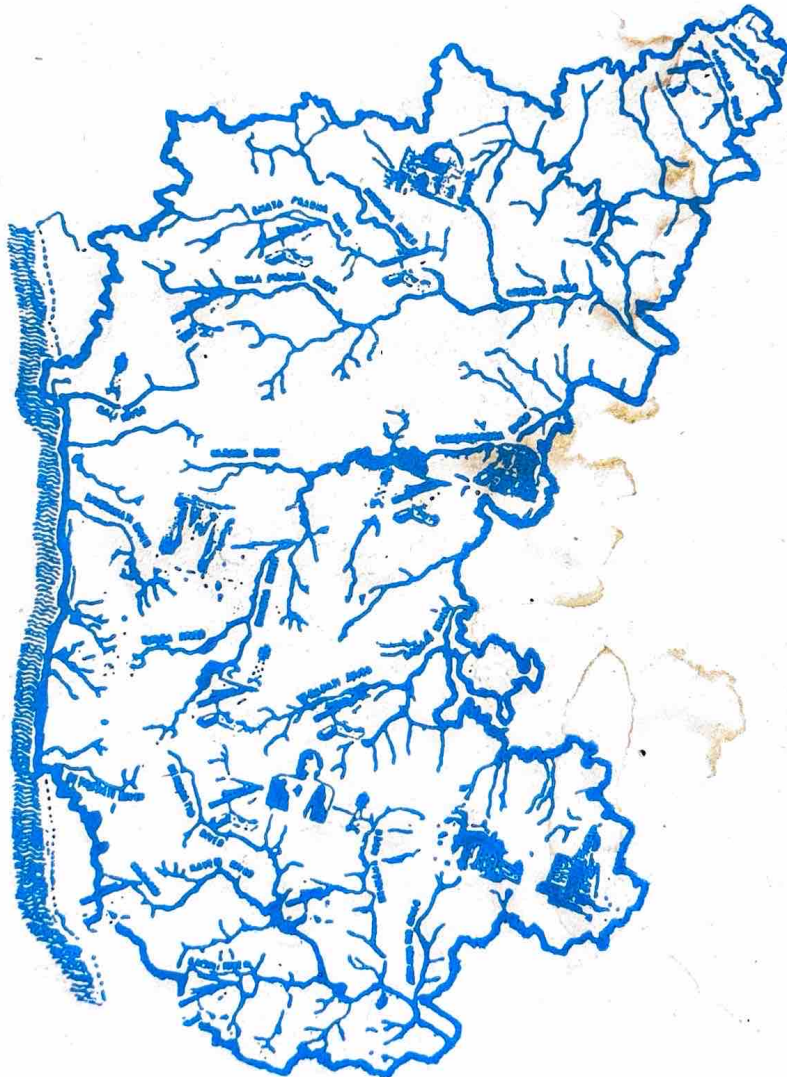




THE INDIAN SOCIETY OF ANÆSTHETISTS
BANGALORE CITY BRANCH



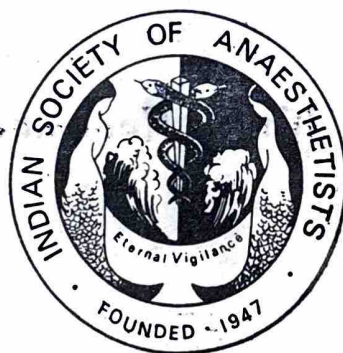
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KARNATAKA BRANCH

INAUGURATION

November 10th 1973

Inauguration
of
The Karnataka Branch
of
The Indian Society of Anaesthetists



SOUVENIR

Published by
The Indian Society of Anaesthetists
Bangalore City Branch

WELCOME
TO
The Inauguration of the
Karnataka Branch of
The Indian Society of Anaesthetists

ON
Saturday 10th November, 1973

AT
VICTORIA HOSPITAL
(College of Nursing)
BANGALORE - 560 002

By
THE RECEPTION COMMITTEE OF THE
Bangalore City Branch of
THE INDIAN SOCIETY OF ANAESTHETISTS

Salute to a Pioneer Anaesthesiologist

Many a medical personnel have attempted to improve or institute the concept of medical knowledge into practice and succeeded but none could equal Dr. V. Ramachandra, Dean, Mysore Medical College, who has fought against all odds in instituting the concept of relief of pain and introducing the Speciality of Anaesthesiology in a scientific way in Karnataka.

Prior to Dr. V. Ramachandra's arrival, with post-graduate qualifications and intensive training and clinical experience, Anaesthesia was administered by one and all-Doctors, nurses and even ward boys, who knew that, Chloroform when poured over a mask and placed over the Patient's face, will produce a state of Anaesthesia.

1958 - was the era of a new concept of pain relief during surgery introduced at Victoria Hospital, Bangalore. Dr. V. Ramachandra who acquired high post graduate qualifications in Anaesthesiology both from Ireland and London, and a fellow of the American College of Anaesthesiology had a very difficult task ahead. He took two important tasks at the same time. One was to organise the Department of Anaesthesiology, and second was the persuasion of doctors to specialise in Anaesthesiology. An unassuming nature, perseverance, patience, proficiency in his speciality, and above all selflessness, with the motto of "Service before Self" put to practice yielded fruit.

Slowly but surely, he organised the Department of Anaesthesiology, trained almost every Anaesthesiologist of the present date in Karnataka, encouraged them to acquire post graduate training and qualifications.

Profession above politics, and high discipline are his watch words. Every student who knows him, has an access for the solution of professional as well as personal problems. His compassion and valid suggestions were of immense help to all of us.

It took 10 years of Associate professorship for him, before he was made the Dean of Mysore Medical College, a great honour to the profession. But never he asked for anything for himself.

A strict disciplinarian, a devoted Anaesthesiologist, an able clinician, an efficient organiser, richly deserves to be called the Architect of Anaesthesiology in Karnataka.

We salute our Architect today who has done so much to Anaesthesiology and bring it in par with other Medical Specialities.

May God give him Long Life, health, and energy to complete the task he still thinks left undone.

Dr. C. P. Manjunatha



Dr. V. RAMACHANDRA, M.B.B.S.
DA (ENG) DA (IRELAND) F.A.C.A. (U.S.A.)

Our Bheeshmacharya.

Sincerity of Conviction and Purity of Motive

Chairman's Page

Dr. G. R. Gopinath

It is my privilege and pleasure to bring out this Maiden Inaugural Souvenir to mark the Inauguration of the State Branch of the Indian Society of Anaesthetists (ISA). Simultaneously the offshoot of the State Branch of ISA has also been formed viz., The Bangalore City Branch of ISA. The Parent Body (Indian Society of Anaesthetists) was founded in the year 1947, the year of our National freedom. On the midnight of August 15th, 1947 the Nation heard the voice of our great late Prime Minister Jawaharlal Nehru when he spoke of 'India's Tryst with Destiny.' It is really sad that our State Branch of ISA was born after India celebrated the Silver Jubilee of its independence last year (1972). But the only consolation is that even though it is very late, it is born. Thanks to the efforts of Dr. N. P. Singh, President of ISA, who visited Bangalore on 14th July '73, when it became possible to form this State and Bangalore City Branches. It is said that Birth is accidental and Death is certain. Karnataka Branch of ISA should prove that this saying is wrong, for its birth has not been accidental but very carefully planned and intended after 25 years of the parent body's formation. (Is it a good Family Planning ??) Therefore there is no Death to it, because the birth has not been accidental. Its birth appears to be significant too, for just 10 days back (First of November) it was an historic day for all of us for our State was re-named Karnataka (Seventeen years after the State of Mysore was created under the States Re-organisation Act). Since then much water has flown down the river Cauvery. The new state has harnessed its abundant rich natural resources and has made great strides in every sector, in every sphere of human activity. Be it Arts and Architecture, Religion and Philosophy, Science and Technology; Industries and Commerce, Defence and Administration. The gigantic power projects like Sharavathi and Kali Nadi; major irrigation projects like Upper Krishna, Thungabhadra, Ghataprabha, Malaprabha, Kabini, Harangi and Hemavathi, and industries like Vijayanagar Steel Plant and Mangalore Fertilisers are harbingers of a new era. The state is now well poised for greater tasks and wider horizons. It is at this juncture and solemn occasion Karnataka Branch of the Indian Society of Anaesthetists is born. I am sure that our elders bless it to be a CHIRANJEEVI. To be born is no criterion, but coming up on sound lines; get united for certain principles; work hard for the fulfilment of our plans and ambitions—realise our responsibilities; amplify our voice of grievances and problems to an ECHO so that we are seen, we are heard, and we are felt by all concerned.

We are having many ideas and plans for the ensuing years. We must make it a point to put in the attendance on every association meetings compulsorily similar to Lions and Rotary meetings. It is worth the trouble because unless many of our mighty brains put their heads together, our problems can never be solved. The problems are not of an individual but of a Group. The solution is in our UNITY. I only hope that a day which is not too far off, will dawn when we must be able to host the Annual National Conference of ISA at Bangalore.

Before I conclude, I thank everyone of my colleagues who helped me in bringing out this souvenir in a very short time. So also my thanks to our Advertisers, Reception Committee Members etc., for their timely gesture. Last but not the least my grateful thanks to Dr. V. Paramesvara, Editor, MMA Journal for having introduced Mr. L. V. Fernandes, as our printer. Mr. Lawrence Fernandes has done a wonderful job in a very very short time and my thanks and appreciation are due to him and to his assistants.

Saturday, 10th Nov. 1973



Genesis of Anesthesiology in Karnataka State

(MYSORE STATE)

Dr. V. RAMACHANDRA, M.B.B.S.
DA (ENG) DA (IRELAND) F.A.C.A. (U.S.A.)
Medical College, Mysore

I have been asked to write about this subject by my colleagues. I feel it is not correct to write about, genesis of Anaesthesia, in Mysore, as it should be agreed by all that Victoria Hospital is existing since 1900 and since then it had many famous Surgeons who had performed many operations and naturally they could not have done without Anaesthesia. Anaesthesia must have been given what it was in vogue at that time. Probably my colleagues meant "Genesis of a Department of Anaesthesia in Mysore State". This could be explained as, in that period there were no qualified anaesthetists to head a Department or to organise of its kind. Such a Department came into existence only in 1957 i.e., only 10 years after the attainment of our Independence. Until 1957, any available junior doctor used to give Anaesthesia. If no one was available in O.T. an orderly used to assist some of the Surgeons. The so called Anaesthetist at that time was only a second fiddle to the surgeon and conduct anaesthesia according to the directions and demands of the surgeon. The armamentarium at that time were only few bottles of chloroform and few spinal needles and local anaesthetic agents.

To day in 1974, the picture has changed. The men and materials for the Department have been improved to a large extent and I am sure there will be scope for further improvement.

When I was a clinical student in Medical College, Mysore, it was Dr. M. Authikeshavalu, our Professor of surgery, who had Just returned from abroad, used to stress in his lecture classes the importance and advantages of Anaesthesia in the advancement of surgery. It was then, I made up my mind to study the subject with keen interest. As a House Surgeon and as any youngster, I was interested in surgery. I used to go to the operation Theatre with the intention of watching surgery or waiting for an opportunity to assist in surgery. Usually, I landed up by giving anaesthesia using rag and the bottle i. e. pouring chloroform as per direction of the operating surgeon. Even as a surgical Assistant I felt the need for improved anaesthesia and finally determined to specialise in this subject against the wishes of many of my well wishers and superiors. At that time, the Government was not keen to depute people to specialise in the subject as it was thought generally that Anaesthesia was not an important subject, though in 1946 in United kingdom, they had celebrated 100 years of the first administration of Anaesthesia and advanced a lot in the technique.

My knowledge of anaesthesia at that time was only using the rag and the bottle and I had not even seen an anaesthetic machine. Abroad suddenly, I was exposed to various types of anaesthetic gadgets and agents. I felt that I was

thrown into an unknown world like 'Alice in the Wonder Land'. After my return in March 1957, I was posted to Victoria Hospital as an Anaesthetist. I was asked to use again the rag and the chloroform I had to work with that again until I was permitted by the then Director of Medical Services, Dr. Venkata Subba Rao, to purchase some equipment and to start anaesthesia on the modern lines in a small way.

Actually, the Department of Anaesthesia was started in 1959-60, when teaching posts got sanctioned to the Medical Colleges. The sanctioned staff consisted of one Associate Professor, one Assistant Associate Professor and one Lecturer as against more elaborate full team in other clinical subjects.

For a long time it had only one qualified hand with few raw Assistant Surgeons who were posted under compulsion to work in the Department. I was lucky. After some time a qualified person was posted as an Assistant Associate Professor and later a Lecturer. Lecturers who were posted were raw graduates at that time, who were most unwilling to take up this speciality. But, I must say that I have succeeded in dragging these unwilling horses to the water and to day I am happy to say that they are doing very well in every walk of life and they are very much better off than their master. The Department was not only catering to the needs of Victoria Hospital, but also to other Hospitals in Bangalore and some institutions of the State. It is after the inception of Department of Anaesthesia at Victoria Hospital, the Thoracic and Neuro-Surgical Department were started and have been attached to S. D. Sanatorium and Mental Hospital, Bangalore, respectively.

During that time it was decided to train Assistant Surgeons and post them to the Department of Anaesthesia Unfor-

tunately none of the graduates would take up the course. Only some Assistant Surgeons with licenciate qualification were posted. I must confess that some of the licenciate who were working with me were devoted to that work and it was a pleasure to work with them.

At the beginning, the Surgeons were suspicious about the ability and quality of the work. But, I silently worked under all humiliation, with the only intention of building up a Department of Anaesthesia, first of its kind in the State—which some day, might stand equally as kith and kin with other clinical departments.

The need for an Anaesthetist was felt at that time in all the Hospitals in the State. So, it was decided to start a training programme and Dr. V. R. Naidu, who was the then Director of Medical Services, permitted to start training programmes in Anaesthesia at Victoria Hospital, Bangalore. Six doctors were posted to the Department at a time for six months period from various Hospitals in the State to take up this training programme. Some of them were posted against their wishes.

To day I am happy to see that more than sixty doctors were trained in Victoria Hospital and at least eleven have done post-graduate qualifications either M. D. or D. A.

It was my intention to build and organize a Department of the subject which should be able to cater to all specialities and help in organizing intensive care units and pain clinics. The achievement is only little. It was also my ambition that the Anaesthetist should have an out-patient session along with the surgeon to check and advise about the pre-operative preparation of patients. But, this ambition may take some time and I hope the future generation will take it up when this speciality improves both in quality and number. What little has been achieved

So far to build up this Department, it is all due to the help of late Dr. M. Authikeshavalu, the then superintendent of Victoria Hospital, Bangalore, and Dr. B. Venkatasubba Rao the then Director of Medical Services, Bangalore. I salute with all reverence and humble gratitude to both of them, who helped me to lay a firm foundation to the building of this Department from a scratch.

There was a time when it was found difficult to learn Anaesthesia. But, to day opportunities have been increasing. In all the teaching institutions and even at undergraduate level they are exposed to some knowledge about the recent techniques of Anaesthesia, through lectures and demonstrations. Again in all teaching hospitals with established Departments of Anaesthesiology, the internee who is doing rotation service becomes familiar with the speciality and some of them develop interest in the subject.

Despite the early obstacles, inertia and discouragement, anaesthesiology is a grow-

ing speciality in our State. It has grown slowly to the present stature but everything indicates that its growth will be more in the future. It must be made an active augmented speciality that can only be done by the efforts of good teachers and excellent clinicians. To make the subject popular every anaesthetist must be a teacher; he must teach surgeons, medical students and nurses and show how he can lessen the burden of the Surgical Team towards a better Service to the patient. I do really believe, in the dividends we get by providing wide spread opportunities to those who want to Specialise in Anaesthesiology. The aim should be that every District Hospitals in our State should be proud to have a Department of its own, so that the Surgeons work may be enlarged and extended and the patient may be assured of increased safety.

Let us see that the Anaesthetist of tomorrow will out-grow his teacher in knowledge and in action.

May the tribe of Anaesthetist increase from strength to strength.

To take advantage of the lower income tax paid by a partnership, one chap set up a firm to include not only his wife but their small children as well. The wife was being cross-examined about this in court.

"Do you participate in the management of this business?" asked the Prosecutor.

"Well, no," she replied. "I have been too busy recently to participate."

"Too busy doing what?" the Prosecutor demanded.
"Producing Partners," said the wife.